

November 17, 2011

ThevoVital Mattress

The Westman Nursing Home trialed this mattress for two weeks on a resident who has dementia.

This resident would settle to sleep easily but would wake in about two hours and would be unable to resettle. She would spend the majority of her nights in her wheelchair. By the third night of sleeping on the ThevoVital Mattress she was sleeping through the night. Her quality of days were also enhanced as she woke rested, was able to function with increased independence in areas such as eating and was participating in activities. I have worked for many years in long term care and have rarely been so amazed at the difference a product made in the overall well being of a resident.

I have enclosed the monitoring results for this resident who has showed an excellent response to it.

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Client Care Coordinator
Westman Nursing Home
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Monitoring results ThevoVital

	Pre-Trial Observations	End of Week 1 with ThevoVital	End of Week 2 with ThevoVital	End of Week 3 with ThevoVital	End of Week 4 with ThevoVital
Please rank the following statements: (Ranking 1 to 5 (5 = strongly agree, 4 = agree, 3 = somewhat agree, 2 = disagree, 1 = strongly disagree))					
The person falls asleep relatively quickly at night.	4	4	4	4	Nov 7/11 Week 4 Results: Remarks
The person wakes up less frequently since sleeping on ThevoVital.	They awake & out of bed	4	5	2	1
The person stays in bed all night without getting up.	1	4	4	1	1
The person is not restless, anxious or sad when awakening.	2	3	4	3	2
The person appears refreshed in the morning.	2	3	4	2	2
The person has a good appetite at meal times.	2	3	3	3	2
The person participates in daytime activities.	2	3	4	3	2
The person is interested in social engagement with fellow residents or caregiving staff.	2	3	4	2	2
The person is not restless during the daytime.	4	4	4	4	4
The person is able to assist in personal hygiene or in dressing.	2	2	2	2	2
The person does not show aggressive behavior towards co residents or caregiving staff.	5	5	5	5	5
The person does not sleep frequently in the daytime.	1	3	4	1	1

Signed: D. Van der

