



the ROHO group

shape fitting technology®

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How To Adjust Your Cushion

- HIGH PROFILE®
- ENHANCER®
- LOW PROFILE®



STEP 1 Place cushion on chair, making sure it is centered and right side up, with air valve in front, left corner (Consult your prescriber about alternative positions of air valves). Turn valve counter-clockwise to open.



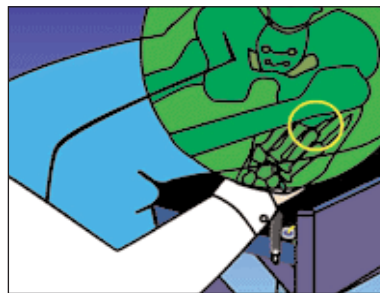
STEP 2 Slide the collar of the pump hose over the valve and over-inflate the cushion until it begins to slightly arch upward.



STEP 3 Turn valve clockwise to close. Remove pump. (Repeat steps 1 - 3 for remaining air valves on multi-valve cushions.)




STEP 4 Gently place person on chair, making sure the cushion is centered underneath. The person should be in his/her normal sitting position.



STEP 5 Slide hand between cushion's surface and the person's bottom and feel for lowest bony prominence. To locate the user's lowest bony prominence, lift their leg slightly in order to feel the bony area. Lower their leg to sitting position.



STEP 6 Rotate valve counter clockwise to begin letting out air, while keeping your hand under the person's sitting bones. Release air until you can barely move your finger tips – no more than 1 inch (2.5 cm) and no less than 1/2 inch (1.25 cm). Turn valve clockwise to close.

 **Note:** Avoid sitting on an improperly inflated cushion. The cushion is most effective when there is air between all parts of the person and the chair. If the cushion is underinflated, add air and repeat the adjustment process.

Key points adapted from the complete instructions available on ROHO® Cushion web page at www.therohogroup.com/medical/properadjust.jsp

How To Adjust Your Cushion with ISOFLO® Memory Control™

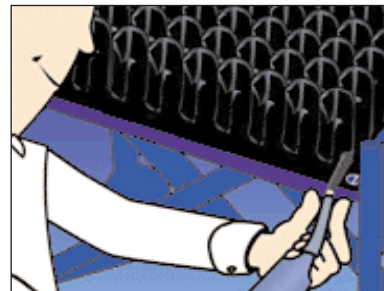
- QUADTRO® SELECT®
- CONTOUR SELECT™



STEP 1 Place SELECT cushion on chair, making sure it is centered and right side up with the ISOFLO Memory Control Unit facing forward (Consult your prescriber about alternative positions of ISOFLO). Turn valve counter-clockwise to open.



STEP 2 Make sure the ISOFLO Memory Control is also open by pushing ISOFLO's Green Knob to the right or "IN".



STEP 3 Slide the collar of the pump hose over the valve and over-inflate the SELECT cushion until it begins to slightly arch upward.



STEP 4 Turn valve clockwise to close. Remove pump.



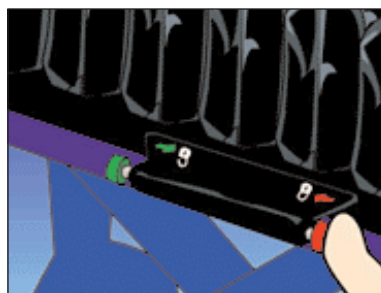
STEP 5 Gently place person on chair, making sure the cushion is centered underneath. The person should be in his/her normal sitting position.




STEP 6 Slide hand between cushion and person's lowest bony prominence. To locate the person's lowest bony prominence, lift their leg slightly in order to feel the bony area. Lower their leg to sitting position.



STEP 7 Rotate valve counter-clockwise to begin letting out air, while keeping your hand under the person's sitting bones. Release air until you can barely move your finger tips – no more than 1 inch (2.5 cm) and no less than 1/2 inch (1.25 cm). Turn valve clockwise to close.



STEP 8 Position person on the cushion in the desired posture. Air will transfer through the ISOFLO Memory Control Unit to accommodate their position. Push the ISOFLO Memory Control Unit's "Red" knob toward the left, in the LOCKED position. This will isolate the flow of air in order to provide a more stable sitting position.

 **Note:** Avoid sitting on an improperly inflated cushion. The cushion is most effective when there is air between all parts of the person and the chair. If the cushion is underinflated, add air and repeat the adjustment process.